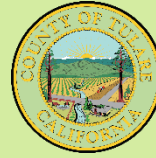


**Tulare County Mental Health
Mental Health Awareness Month
May 2019**



HHSA
Mental Health

Board of Supervisor Proclamation – Tuesday, April 30

Request to the Tulare County Board of Supervisors to proclaim *May 2019 as Mental Health Awareness Month* in Tulare County and call upon citizens, public and private institutions, businesses and schools in Tulare County to recommit our community to increasing awareness and understanding of mental health and the need for appropriate and accessible services for all people with mental illnesses.

Porterville Mini-Conference – Wednesday, May 1 (11:00 a.m. – 5:00 p.m.)
Hidden in Plain Sight: Connecting the Unseen

Porterville Youth Services, Porterville Unified, Burton School Districts, TCOE Behavioral Health and Porterville College hold the second Mental Health/School Collaborative Conference, hosted by Porterville College. Topics cover Culture of Poverty, Suicide Prevention, Alcohol and Other Drugs, Commercially Sexually Exploited Children, LGBTQ and a Foster Youth Panel.

Expressions of Lived Experience Open Mic Talent Show – Friday, May 3 (5 - 8 p.m.)

The My Voice Media Center's annual Expressions of Lived Experience artistic showcase will come in the form of an Open Mic! Join as individuals and groups perform a wide range of exciting numbers ranging from original poems and songs to instrumental music and karaoke. Register at the door to share YOUR talent with our community!

Mental Health Awareness Night at the Rawhide Baseball Park – Friday, May 3 (7 p.m.)

Tulare County sponsors a Friday night game for “Mental Health Awareness Month” to include announcements during the game. Informational booths including SPTF, NAMI, Warmline, etc., will be present at entryways to distribute Mental Health Awareness information. Fireworks follow the game!

Family Resource Center Children's Art Show and Open House: Six sites throughout Tulare County

The FRCs will display children’s artwork, host games along with information booths, and conduct a mental health topic panel consisting of mental health providers and individuals with lived experiences in Spanish.

**Lindsay - May 15 (2-4 p.m.) Woodlake - May 10, (4:30-7 p.m.) Visalia - May 15, (3-6 p.m.)
Cutler-Orosi - May 17, (5:30-7:30 p.m.) Earlimart - May 8, (3-6 p.m.) Porterville - May 22 (3-6 p.m.)**

Turning Point Children's Open House: Three sites throughout Tulare County

Turning Point Children’s Mental Health programs will be hosting an Open House at each of their respective sites. Open House will include walk through of the program, meeting with mental health professionals, understanding how children therapy works, along with an art exhibit themed “Through the Eyes of a Child.”

Visalia Youth Services (Visalia North) – May 2nd 4:00 – 6:00pm; Sequoia Youth Services (Exeter) May 22nd – 4:00 - 6:00 pm; Dinuba Children Services (Dinuba) – May 29th - 4:00- 6:00pm